

“Is It Good to Be BORED Sometimes?” Quiz

Directions: Read the debate “Is It Good to Be BORED Sometimes?” in the October/November 2017 issue of *Storyworks*. Then fill in the bubble next to the best answer for each question below.

1. According to the article, boredom can lead to unhealthy behavior, like _____.

- (A) ear twitching
- (B) eating lots of junk food
- (C) daydreaming
- (D) staring out the window

2. The author writes that Justin talks about the death of his iPad “like he’s talking about a beloved pet” to show that . . .

- (A) Justin has strong feelings about his iPad.
- (B) Justin has strong feelings about his cat.
- (C) the death of a pet is a disaster.
- (D) no one likes going to swim meets.

3. Based on the article, what is one problem with boredom?

- (A) Bored people often watch the same movie over and over.
- (B) Being bored gives your brain downtime.
- (C) Bored people are less creative.
- (D) Boredom can cause bad feelings.

4. Which line from the story supports your answer to question 3?

- (A) “Boredom can make people grumpy.”
- (B) “Car trips are a chance to watch *High School Musical 3* for the 10th time.”
- (C) “Being bored gives our brains needed rest.”
- (D) “Boredom is an opportunity to . . . show some creativity.”

5. According to the article, how many hours each day is the average 10-year-old in front of a screen?

- (A) 3
- (B) 5
- (C) 6
- (D) 10

6. Which would make a good alternate title for the section “Boredom = Creativity”?

- (A) “The Afternoon My iPad Died”
- (B) “Benefits of Boredom”
- (C) “The Problem With Rainy Days”
- (D) “Boredom = Stress”

Constructed Response

Directions: On a separate piece of paper, write your answer to each question in a well-organized response. Make sure you support your answers with information and details from the debate.

7. Compare what the article says about how kids spent rainy days in the past with how they spend them now.

8. The author writes that “many experts believe that boredom can be good for us—and the world.” How might boredom be good for the world?